



School of Public Health and Family Medicine
Isikolo Sempilo Yoluntu kunye Namayeza Osapho
Departement Openbare Gesondheid en Huisartskunde



Post-Graduate Diploma in Family Medicine

Who should do the PG Dip (Fam Medicine)?

Are you passionate about changing the healthcare environment?

Do you believe that your work in Primary Care can achieve great things in your patients' lives?

Do you want to re-ignite your passion and commitment to your clinical work, and enhance the meaningfulness of going to work in a challenging environment every day?

Then the PG Dip in Family medicine is a perfect fit for you!

This dynamic programme, which is run over two years as a part-time qualification, is designed with the busy Primary care clinician in mind.

The key objective is to provide clinicians with the skills and confidence to deliver a world class Primary care service, while at the same time being responsive to the multiple challenges that individuals, their families and communities have to face on a daily basis.

In short, the graduate is a change agent within the Bio-Psycho-Social paradigm, being an integral member of the Primary Health Care team that is delivering holistic care to those in need.

Why choose a UCT PG Dip in Family Medicine?

Student-centred approach



Part-time



Weekly contact sessions (Wed. 2-5pm)



Online support



CPD accredited



Clinical mentoring in your workplace



Full access to UCT library and online services



Full access to UCT sporting facilities



Networking opportunities



Supported by the Skills Development Levy (for government employees)



First year courses

Patient centred care – using the BioPsychoSocial model, the student learns to address complex physical, psychological, emotional and social issues that a patient may be experiencing

Family Oriented Primary Care – the student develops the skills to identify the family at risk, perform a family assessment, and develop interventions in collaboration with other team members

Community Oriented primary Care – using a multiple stakeholder approach, students will be able to conduct community surveys and develop community interventions focussed on key health issues

Principles of Family Medicine – students will learn to apply the internationally accepted Principles of Primary Health Care and Family Medicine in a local, Cape Town context

Professional Practice – the student engages with Ethical, Human Rights and Legal issues affecting daily clinical practice

Second year courses

Clinical Medicine A – ENT; Ophthalmology; Orthopaedics; Minor Surgery; Emergencies

Clinical Medicine B – Women’s Health; Child Health; Mental Health; Communicable Diseases; Pharmacology

Chronic Disease, Prevention and Promotion– Non-communicable diseases; Geriatrics; Rheumatology; Oncology; Quality Improvement (Clinical Audit); Disability and Impairment

Evidence-based Medicine – applying current best evidence to clinical practice by being able to develop a clinical query, search for relevant literature, review the quality of literature and make decisions about implementation in a local context

Quotes from past students

“..Doing the course has given me the tools to continuously enhance the way I practice, and the confidence to perform procedures I wouldn't attempt before. I think I will be a better doctor for it... “

“The years have not been without its share of ups and downs, especially with work a family and new baby this year, and I'm glad I pushed through this year, and am so grateful to you guys for your support and encouragement in getting me through!”

“..... it's been great for my personal and professional development! Thanks once again for facilitating this course, and for the invaluable guidance, advice and care you have invested in us!”

“..... (medical) practice seems so effortless now ... “

“.. (but) the knowledge and learning study methods in the new millenium are priceless. The support and unselfish help from all the staff, students both our year and other years as well - has been magnanimous.”

Contact people:

Convenor: Dr Tasleem Ras

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Co-convenor: Dr Graham Bresick

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Administrator: Vacant post

Head of Division: A/Prof Derek Hellenberg