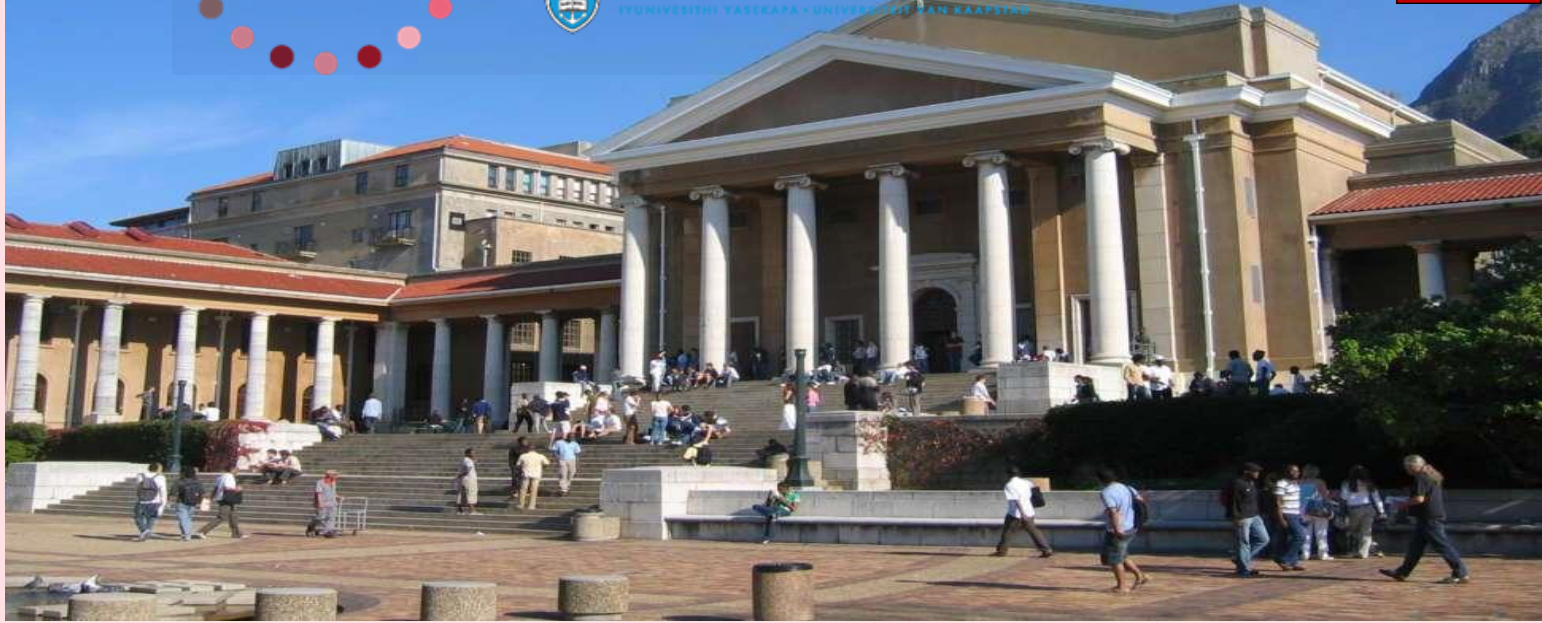


School of Public Health and Family Medicine
Isikolo Sempilo Yoluntu kunye Namayeza Osapho
Departement Openbare Gesondheid en Huisartskunde



UNIVERSITY OF CAPE TOWN
IYUNIVESITHI YASEKAPA - UNIVERSITEIT VAN KAAPSTAD

2019



MASTER OF PUBLIC HEALTH PEER MENTORSHIP

ARE YOU A CURRENT MPH/PhD STUDENT IN THE SCHOOL OF PUBLIC HEALTH AND FAMILY MEDICINE?

VOLUNTEER to be a Peer-Mentor to A New MPH Student

AS A PEER MENTOR, YOU WILL:

- ❖ Receive training on how to be a mentor. This is a skill you can add to your CV.
- ❖ Receive a peer-mentorship pack which contains guidance on what to provide support on and where to direct new students for further information/support.

ALL THAT IT REQUIRES IS FOR YOU TO:

- ❖ Be in contact with your mentee before they arrive in Cape Town and to the programme. Make yourself available as a key contact person.
- ❖ Be part of the orientation week in 2019 and especially be there on the first day to meet and greet your mentee, provide them with handy tips on how to navigate UCT and Cape Town during their first few weeks in UCT.
- ❖ Point your mentees to important resources such as the library and writing centre.
- ❖ Orient your mentees to pertinent issues of living in Cape Town such as transport and safety precautions.
- ❖ Follow up on your mentees to find out how they are settling in academically and share tips on what has been helpful to you.
- ❖ Introduce your mentees to social structures such as student societies, the wellness centre, the MAC club etc.
- ❖ Refer mentees who may be going through challenges (Social and/or academic) to the appropriate people.

To apply, send an email with a brief motivation of why you want to be a mentor to

jolene.brooks@uct.ac.za